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Southern Cast Iron: Heirloom Recipes For Your Favorites Skillets



Synopsis

Many of the South's best recipes are cooked in well-seasoned cast-iron skillets that are handed down from generation to generation. Make traditional buttermilk cornbread, fried chicken, cobblers, decadent cakes, and more, with The Southern Cast Iron hardcover cookbook. This collection of more than 65 recipes is sure to inspire endless meals for family and friends.

Book Information

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Average Customer Review: 4.6 out of 5 stars See all reviews (15 customer reviews)

Best Sellers Rank: #645,141 in Books (See Top 100 in Books) #65 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Cast Iron #147 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Brunch & Tea #738 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > South

Customer Reviews

This just wasn't what I was expecting. I purchased this book to get southern, comfort food recipes that I could cook using a variety of cast iron pots and pans (hopefully ones that I could use over a fire or grill). I wanted some recipes that were a step above beans and hot dogs but incorporated recipes good solid basic food cooked only in my cast iron pans. I did not get that with this book. The photos are beautiful and the recipes look great - if a little high end - most of them require esoteric ingredients and most are not simple to make. It also doesn't really use cast iron as the base for all recipes - you'll use sauce pans and a lot of other things and the cast iron is just a part of the process. So, did I get a beautiful cookbook with high end chi-chi recipes - yes. Was that what I was hoping for - no. I gave this only three stars because I felt that the title wasn't correct and said one thing while doing another.

This cookbook is delicious! The pictures and recipes actually compliment one another! So much so, I think I could eat the Coconut Pecan Pie right off of the page! The other recipes, (Chicken Pot Pie,

Sweet Tea Fried Chicken) are original 'southern tradition' family favorites. I love cookbooks! BUT-- I've never bought a cookbook that I l-o-v-e-d ALL the recipes in.....until this one! To start with, there's a brief history of cast iron use in the past, and present. You can cook anything in cast iron.....even cookies! A well seasoned skillet is a go to tool in my kitchen. I have seasoned it to be my 'non-stick' pan. Ladies, throw out those amazing non-stick pans. If they don't stick now, they will soon. Purchase one of these "Southern Cast Iron" recipe books. Cook some of these 'stick-to-your-ribs' meals, and watch while your family eats, sit back in their chairs and rub their belly's!!

As a southerner this cook book is one of the best resources for cooking cast iron recipes; not only does my wife love it but I gave it as a gift to my mother and grandmother and both are enjoying the beautiful photography and easy to make recipes, yum!!!!

Pretty pictures. Good information about caring for your cast iron, however the recipes were not ones I would use. Maybe 3 or 4 recipes looked good to me. I grew up on southern cooking and was looking for more authentic southern recipes. Guess I was fooled by a "pretty face" (cover)!! Also several recipes called for an enamel coated skillet. I think most folks think of the ultimate seasoned black cast iron skillet when they are looking for southern cast iron cooking.

This book was donated by someone to my husband's charity - Books for America. We looked through it and promptly bought one for ourselves. The recipes are absolutely delicious and contrary to the one negative review, not difficult to make. Sure, some might have 15 ingredients but it is not meant to be a beginner's cookbook or a "cook dinner in 15 minutes" kind of book - and thank goodness for that. This being said, I cannot imagine why beginners would have trouble with any of these recipes. And contrary to that same review, this book never says "absolutely every step of the recipe will be done in iron cookware." There is always prep work to be done and then major steps will be done in a skillet or iron Dutch oven or whatever. I just hate to see a book picked apart for the wrong reasons. This cookbook is fantastic and my thanks to hm books for putting it together in such a well-done way. My husband literally sees thousands of different new book titles a year and this one is a major stand-out for him (he's an avid home cook :) Cheers all.

Great book, I love it and wouldn't hesitate to recommend it...

Every recipe I have tried my family has loved!!!!

Great book, love the recipes!

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